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| Name: SUNAYANA | Reg No: 09-1SMHC19 |
| Age / Sex:25 | Contact No:8296347248 |
| Marital Status:SINGLE | Date:15/1/19 |
| Occupation:IT btech csc | Dr. PJF |
| Address:AADUGUDI | DIAGNOSIS- |

1.RT.SIDE PAIN, BURNING, <COLD, AC,

HAD ICE CREAMS THIS SEASON. NOW EXTENDING TO LEFT ALSO. FEVERISH. NOSE FEELS MORE HOT . HEADACHE. ABOVE THE EYES.

* IN CHILDHOOD DIGESTION PBM EVERY WINTER VOMITINGS MORE.
* SUPPURATIVE TONSILLITIS.

RX:

1. MERC IOD FLAVUM 200 – 2 DRAM PILLS – 4 PILLS EVERY 15 MIN FOR 1 HOUR THEN 2 HOURLY. FOR 3 DAYS.
2. TONSIL AID 2-2-2-2
3. NAT SULPH 6X /CALC PHOS 6X-/FERR PHOS 6X – 4-4-4-4-4.
4. BELL 1M – FEVR SOS – 4 PILLS.

23/3/19:tonsils are still swollen but better.

Rx:

1. Merc iod flavum 200 – 4-4-4-4 2 dram pills.

30/3/19: cough cold and sneezing. Cough is less in deep sleep. Ac aggravation. Sneezing is more in ac environment. Gets pain in nose. Burning in nose also then. Phlegm is yellowish cough. Irregular teeth. If meal delays by 10-15 min also will get gastritis. Water melon and coconut water also causes her allergy. Native of assam. In blore since july 2017. During childhood use to get throat pain and fever frequently. Started putting on weight from 18 years after eating fast foods. Prior very lean and thin. Prefers spicy outside food. Gets loose motions smtimes. New place definitely gets. Hometown never gets.

Family h/o:

* Mom 54 yrs: asthma.
* Dad 64 yrs: dm
* Mgm: high bp,
* Fathers side most are having dm.

Rx:

1. Calc phos 1m 4-4-4-4.
2. Rub 15 – 1 tab night b/food.
3. Sulpur 1m – 1 dose stat. and tomorrow morning another dose. Frm next day start other medicines.
4. 4-0-4 disc. b/food.

20/4/19: 60% better. Wt: 63.9kg. if has spicy fod has stomach related problems like loose motion and mucus motions. I feel separated. I miss my mom.

Rx:

1. Sulphur 200 – 4-4-4-4 -1st week
2. Calc carb 200 – 4-4-4-4 2nd week.
3. Rubrum 21 – 1 tab night b/food
4. Calc phos 12x 4-4-4.

16/5/19: since yesterday throat pain cough and cold then fever midnight onwards. Lesser than prev attack tho. Had coconut water and coconut. After taking med frm here till now din get affected but after coconut got and also many has got in her area. Yellowish mucus while coughing. Lmp: 16/5/19.

Rx:

1. Fp/ks/ns 6x – 4-4-4-4
2. Bell200/acon200/gels 200 – 4-4-4-4-4
3. Hepar sulph 200 – 4 pills sos.

12/6/19: ac and strong ac will get long sneezing and irrittionin throat about 5-10min.

Rx:

1. Causticum 200–disc 4-0-4 b/food.
2. Silicea 200 – 4-4-4-4 .1 dram pills.
3. Rubrum 21 – 1 tab night b/food
4. Calc phos 12x 4-4-4.